

**SONGO NOKO RANGGITIK DAL'A A'SEL ONGANI SOMOIO
DAKNA NANGGIPA KAMRANGKO TARISAMSOE DONA GITA
SONGNI NOKNI NOKMA,VOLUNTEER ARO GRAM SEVAKNA
SKISAMSOANI
(STEP BY STEP GUIDELINE ON HOW TO PREPARE VILLAGE
DISASTER MANAGEMENT PLAN (VDMP) OR COMMUNITY
CONTINGENCY PLAN(CCP) BY THE VILLAGE
HEADMEN/VOLUNTEER/GRAM SEVAK**

1) Community Contingency Plan (CCP) ara maia ?

Community Contingency Plan jekon Village Disaster Management Plan ineba agana ian songsalni manderangna ranggitik a'sel onгани somoio maikai janggi gngangparangko,mal matako aro samtangtango donggiparangko gimagnioniko jokatna mangen uko chanchisamsoe dongimin kamrang ong'a.

Ian sakantini, nokdangantini aro songsalni ka'na nangni kamko mesoksoe kupatiani ong'a.Ian amadipet gimaanggnioniko komiatna aro songsalni janggi tanganiko ong'rongbewal janggi tanganiona ranggitik a'sel ong'aoniko taraken ra'bapilna dakchakna tarisamsyani ong'a.

Anchingara Village Disaster Management Planko maina tarina nanga ?

- Mandeko,jila kaanirangko aro nokni gamjinrangko je cholchiba jokatna
- A'sel ong'ani japangko ma'sie ra'na man'na gita aro duko ga'akna altubatgiparangko champengsona gita
- Songsalo ranggitik a'sel ong'anio antangtango naljokatna,gipino pangchakaniko aro kenjagokaniko komiatna gita dakchakna.

2.Sawa Planko tarigen ?

- Songni Committee
- Block Administration
- Community Based Organisations(CBOs)/NGO(Train ka'gimin Songni Volunteer/Gram Sevak Village Disaster Management Planko tarisona,songni nokni gimin ma'sina nanganirangko chimongna, aro tombimonganiko dakdilna nanggen)

3.Village Disaster Management Planko tarina gita ja'ku dena nanganirang

- Ka'dongani aro kumong nangrimaniko ong'atani
- Songni nokni manderangko kumong nangrimgrikatani: Skanggipa Songni Nokma,Trained Volunteer,Chadambeni dolrang, Community Based Organisation,Me'chikmarangni dol aro nisenggipa manderang baksa tome Village Disaster Management Plan ni miksonganiko agantalate on'chengna nanggen.

- Village Disaster Management Committee(VDMC) (Bak-6 ko nibo) ko songchengna nanga.Ia Committeeni memberrangara(sak 12-15) Chadambe dolko dilgiparang, CBO rang/NGO, Me'chikma dolko dilgiparang,Niksenggipa manderang,Skigiparang,Anganwadirang,ANM ba Sorkario kam ka'giparang,kamoni nengtake donggimin chelchakgipa dolni manderang,village Defence Party (VDP) member aro Skang kamko ka'chengna seokgimin dilgiparang ong'na nanggen.Ia mongsonggipa dol a'sel ong'anio kamrangko ka'dilchenggipa songni nokmani dilanio ba gipin kragipa mandeni dilanio ong'na nanga.
- Village Disaster Management Plan ko tarina gita sal,somoi aro biapko tik ka'e seokgimin songni manderang baksa(sak 40-60 manderang) apsan asonge chanchirimna nanga.
- Tarik,somoi aro tomchakani biapko tik ka'ani jamano Village Disaster Management Plan ko tarisona gita Nokma, Village Volunteer,Gram Sevak songni nokni mande sakanikon bakrimpana gita didina nanga.

4.Kenna nanggni aro dukko ga'akna altugiparangko sandiani.

- Songo jinma tome chanchianio songni Nokma/Village Volunteer/Gram Sevak tomani miksonganiko talatchengna nanggen.
- Songni manderangna miksonganiko ma'siatna man'nani jamano batanggimin bilsu 50 ni gisepo mai nengnikanirangko chagrongahachim uarangko agantalatchengna nanggen.Uni jamanosa adita batanggimin salrango onganggimin aro mikkangchi mai dakgipa ranggitik a'sel ong'na kraa aro mai namgija ba gimaatani gittimna sokbanaba donga uarangni gimin agantalate on'na nanggen.
- Baditana kingking ma.ambio aro bilsu kariantio chagronggipa a'sel ong'anirang(Bak-2 ko nibo) donga sandichengbo.Skanggipao Sana(budepa,butchuma,sagiparang,bisarang,ano donggiparang etc) aro Maina(ring,pump set, gamrang,agriculture machinerang,ostrorang/documentrang etc) kenchakani donga uarangko sandie see ra'chengbo(Bak-3ko nibo) Songni Volunteer rang(Annexure-6 ko nibo) jemangan dakchakna mangen uamangni bimunrangko see ra'bo . Ua listoniko songo dakchakchengna man'giparangni dolko donbo.((Bak-6ko nibo)

5. Mapko tariani aro uina nanggiparanko chimongani

Participatory Rural Appraisal(PRA) ba songni mande sakaniko bak ra'atpaani. Songni mapko tombimonggipa biapo chok chi ba anggal chi sale ra'chengna nanga (noksa-1 ko nibo) Chugimik salani jamano maikai tarichanchisamsae donanichi janggiko jokatna mangan aro Participatory Rural Appraisal ni namgniko agantalate on.bo (nanga ong'ode tarisamsomangimin songsulrangni dakchakaniko am.bo ba uamangko PRA exercise ko dakdilna aro VDMP/CCP ko taridilna dakchakbo)

Mapko salna dingtang dingtang dolni manderangko donatemung tombimonganiko joljol dakangna mangan ba salsa skangan tarisoe donode songni nokni manderangna agantalate on'na altubatgen.(Kingsa mapko salmanahaode apsan daken ragkipa lekao saldapemung je biapo tombimongengachim uani pakmao ba nikna man'gipa biapo sitee donbo jedakode nangnika datako tarina gita altubatgen.

Nangni salna nanggipa maprangara:

- (i) Social Map (ii) Hazard/ Kenna nanggiparangni Map (iii) Dukko ga'akako man'na altubatgiparangni ba kenchakani donggiparangni Map (iv) Naljokaniko on'na man'gipa cholrang (ia mapko Bak-9 o tekchapbo)

- i) Social Map :- Mai maiko salna nanga
 - o Pangnan salgroko kosakchipak done,salgipeng,salaram aro saliramko mesokemungmongsonggipa ramarangko aro songo donggipa nokantikon salna nanga
 - o Songo maidakgipa nokrang(pucca,kutchu) chi donchakanirang(tanki) tube wellrang aro olakiani nokrang (giljanok,mite nok) donga uarangko mapo sale mesokna nanga.
 - o A'a , a'palrang , chibima,burung bolgrimrang etc.
 - o Janggitangani cholko on'giparang jekai,antidam,godownrang,mi jamrang etc
 - o Mapko lekao salemung Bak-1 ni formato gapatrorona nanga.
 - o Song jelgipa onggenchimode uko bak 1,2,3 dakeming nanga gita mapko tarina mangan.
 - o Social map aro rama cholgipinrangko mesoke on'gipa mapkoba apsan salna mangan (point iv ko nibo)

(Ia mapo pangchaken ka'mao on'gipa king 3 maprangkoba ia lekka baksa apsan melie lekka gipoko salna nanga. Tarimangimin maprangko rong nonge manderang ma'sina mana gita plan baksa apsan tape donna nanga.

- ii) Hazard/ Kenchakna nanggipako mesokgipa map
 - o Batanggimin sal somoio chagronge ma'simangimino pangchake songni nokni manderang an'tangtangna a'sel ong'gitikani somoio tarisona nanganirang- jekai chi bana, adram be'a, banggiria, wa'al kama, goera goa, balminduri /balwa ta'raka etc iarang maikai aro badia bakchini (salgro, salaram, saliram, salgipeng) a'bachengbaa uko ma'sina gita rongchi mesokna magen.
 - o Serikna nanganirangko mapbo serike Bak-2ni formato gapatna nanga

- iii) Kenna nanggirang aro saknaatako manna altubatgiparangni map(Risk and Vulnerability Map)
 - o Saknaako man'na altubatgiparangko jekai-budepa, butchuma, sagipa, ano donggipa, bilsina komigipa bisa, kana, jakora ja'akorarangko sandie biming segate dona nanga aro uamangni nokrangko dingtangmancha rong nonge ba chin dake mapo mesokna nanga. Banga changon uamangara ranggitik a'sel ong'ani somoio saknaatako man'na altubatgipa ong'a aro gipinni simsakaniko nanggipa ong'ani gimin gimikna skang uamangko sandisoe donna nanga.
 - o Matchu- matte ba janggi gnanggiparangko, nokrangko aro begruna am'gipa dongchakanirangko, gamjinrangko, pump set, ba'ra dokchakgiparang(looms) songni jakalgipa chi aro gipinrangko mapo rongchi ba chin dake mesoke social map baksa apsan sale segate donna mangan.
 - o Serikna nanganirangko mapo serike(Bak-3,4 ni format gita aro ma'sie ra'na nanggiparangko Annexure 1-5 format gita donbo.

- iv) Resource Opportunity/ Naljokatani cholrangko baseani map
 - o Gilja nok, apal, buring-bolgrim, chugipa atimbo, chiring-chibima, atimbo, pucca nokrang, anticha'gipa nokrang, Community Health Centre, Primary Health Centre, aro daldalgipa nokrang jeo ranggitik a'sel onгани somoio katnapna mangan uarangko mesokbo.
 - o Iano dinggipin ramarangko mesokbo jedakode naljokna mankalgipa biapona ta'raken sokangna mangan. BDO/SDO/DC officeni ramarangkoba mesokbo. Iako sandie tarie donode rama dingsako a.'a rudape ba bolbedape champengon dinggipin rama gita manderangko rimongkatbana mangan.
 - o Trained volunteer rangni nokrangkoba mapo mesoke Annexure-6 ni formato gapatna nanga.
 - o Serikna nanganirangko joljol mapo serike donbo (Bak-5)

(Ka'sapae mapko A4 size lekao salbo jedakode tarisogimin Plan baksa apsan ong'e kachape/tekchape donna mangan)

6. Dolko baseani aro uamangni dakna nangni kamko rongale agantalate on'nani
(Selection of Team and Role Clarity)

- Batanggimin ranggitik a'sel ong'ani somoio mai nengnikanirangko chagrongahachim uano pangchake, mai naljokatani kamrangko maikai ka'o namgen uarangko sandie donsobo. Unbaksana Contingency fund aro insuranceni gimin agantalatbo aro maiko dako namgen ba namjawa uani gimin saksa sakgipin baksa agangrikbo(Annexure 7-8 ko nibo)
- Kam kadilchenggipa dol(Response team/Task force team) ko (kamao agangimin gita dol 8-10 dake) volunteerrangni bimingko segiminoniko nieming(Annexure 6) bikotbo aro uamangna mai kamko tikatenga uani gimin agantalate on'bo (Bak-6 o mesoka gita)
- Komibeoba dolprako mande sak 4-6 ona dongna nanga(song jelode memberrangko bariatna mangan)
- Me'chik dolrangkoba bak ra'pana gita didina nanga maina uamang me'chikskani aro bisarangni nengnikani gmin ma'sina man'bata.
- Mande sakprakna kam mingprak on'na nanga. Kam minggni minggitamko kana on'na nangja
- Member ong'kamna nanggen indake ong'ja, nangan salo gital memberrangko gitcamni pal donskana mangan. Indake dakenchimode Volunteer sakantian skie ra'na nangako skie ra'na mangan.
- Gital memberrangna skie on'bo.
- Bilsio changgni a'sel ong'ani somoio mai dakna nangachim dakmesoke mesokbo(Mock drill)
- Community Based Disaster Management ni gimin sakantina ma'siatbo.

Kamao mesokgipa Response Teamrangko seokani(Chukala gadango Block Master Trainer rangni skie on'nani)

- Senggnang mikrakatsona
- Katnapram biapko tarisamsona
- Jokatna aro naljokgipa biapona rimangna
- An'seng baljokaniko aro sanchenganiko on'na
- Ringani chi aro rongtal antalani
- Manggisirangko galani
- Duko ga'akgiparangna ku'patiani
- Baditana kingking nosto ong'aha uko sandiani
- Duko ga'akgiparangna dakchakgrimani
- Nirok sandiani

(VMDC ko songani jamanosa ia kosako janapgipa dolrangde uamangni nirokani ningosa kam ka'na nanggen)

7. Tarigimin Planko ra.chakani aro namdapatani(Approval and updating of Plan)
(Bak-8)

- Dikdiksana ba una bateba nengnikanirangko komiatna gita tarisona songni manderangko dakchakbo(Short and Long term Mitigation Plans)
- Contingency Plan ko songni manderang baksa jinma tombimongo rachakna skang nipiltaibo.
- Ra'chakgimin Plan ko BDO na watatbo.
- Nanga ong'ode dakmesoke mesokani(mock drill) jamano Action Planko taridapo
(Bak-8 o onsogiminko nibo aro nanga ong'ode taridapna ba on'dapna mangel)

8. Dakna nanggipa aro Dakna nanggijagiparang : Je tarigimin lekarangko Revenue Department/Ministry of Home Affairs dingtang dingtang a'sel onggitikarangni gimin sanchengani aro nirok sandiani, naljokgipa nokrangko rikani gimin sualaha uarangko poraibo. Nangchongmotgipa phone number , aro addressrangko jekai DC/ADC, Hospital. PHC/CHC rangni doctorrangni, District and Block Control Room/BDO, Police, Fire Brigade etc see rakibo aro Annexure 10 ni formato gapatbo.

***SONGO NOKO RANGGITIK A'SEL ONG'ANI
SOMOIO KA'NA NANGGIPA
KAMRANGKO TARISAMSOE DONANI
BILSI 2006-2007 NA
(VILLAGE DISASTER MANAGEMENT PLAN
FOR 2008-2009***

SONG :

BLOCK:

DISTRICT:

VILLAGE DISASTER MANAGEMENT COMMITTEE:

BAK -1

SONGNI GIMIN UINA NANGGNIRANG

Community Contingency Planko tariani tarik :

Song:

Block:

Rama-jalangrang:Pucca aro kutcha rama

Songni nokni manderangni gimin talatani (demographic detils)

Nokdangrang

SC		ST		OBC		GEN		Chugimik	Nokdangdonga gimik
APL	BPL	APL	BPL	APL	BPL	APL	BPL	APL	

Mande donga gimik

SC		ST		OBC		GEN		Chugimik	
Mea	Mechik	Mea	Mechik	Mea	Mechik	Mea	Mechik	Mea	Mechik

A'bri-akong,chibima,chiringrangni gimin talatani(topographical details)

Chugimik a'ani dalani (Area)

Game ge'e cha'gipa a 'a (Agricultural land)	Burung bolgrim (forest land)	Samsiarigipa biap (Grazing ground)

A'bri ba atimborang

Sl.No	Atimboni rokom	Songoni badita chela	Agandapanirang

Ge'a gamani bewal (cropping pattern)

Ge'kari/gamkari (Agriculture season)	Mongsonggipa ge'a gamanirang (Major crops)	Man'a gimik	Agandapanirang

Nokprakni a'a chi donga gimik

A'a- chi grigipa (landless)	0.5 ha a'a donggiparang (marginal farmers)	0.5-1ha a'a donggiparang (small farmers)	1 ha na bate a'a donggiparang (big farmers)	Gipinni a'a ko gamgiparang ba adhi gamgiparang (share croppers)

Janggi tangani cholrang

Kam ka'ani rokomrang	Chugimik(fully)	Chugimik onggija(partly)	
Game cha'gipa			
Salanti gama ge'ao hazira ka'gipa			
Gipino hazira ka'e chagiparang			
Na'tok rime cha'giparang			
Gue pan pale cha'giparang			
Chone badinggiparang			
Service ka'giparang			
Gipinrang			

Infrastructure details

Sl.No	Songo noko mai mai donga uko talatanirang	Donga/Dongja	Badita ge	Songoni badita Chela	Mai dakgipa nok
1	Block Head Quarter				
2	Skulrang				
3	Community Centre				
4	Olakiani nok				
5	Current dongama dongja				
6	Telephone dongama dongja				
7	PDS outlet				
8	Galamal dokanrang				
9	Post office				
10	Police station/Out post				
11	Saa dingako nirok sandiani				
	Health Sub Centre PHC ANM AWW				
12	TV/Radio/VHF				
13	Rama sorokrang				
14	Jilla kaanirangko donram (livestock centres)				
15	Gipinrang				

Bak-2

KENNA NANGGNIGIPARANGKO NIROK SANDIANI (HAZARD ANALYSIS)

Ranggitik a'sel ong'ani itihis (batanggimin bilsi 50 ni gisepo)

Sl No	Kenna nanggnigipani rokom	Ongani bilsi	Gimaani % Mande	Jillani rang	Mi misi, mesu samjak	nokrang	Infrastructure
1	Chi bana						
2	Mikka jimani						
3	Balminduri						
4	A'a bea						
5	Banggiria						
6	Stil ona						
7	Goera goa						
8	Gipinrang						

Karini kri ong'gipa kengnirang(chin dakbo)

Sl.No	Kenna nangani rokom	Jarang Jan-March	Apri-Jun	July-Sept	Oct-Dec	
1	Chi bana					
2	Balminduri					
3	Sal rakchanga					
4	A'a bea					
5	Banggiria					
6	Goera goa/Stil ona					
7	Gipinrang					

BAK-3

KENA NANGGIPARANGKO SANDIANI(RISK ASSESSMENT)

Kenna nanggipa dolrang

Sl No	Kenna nanggipa dolrang	Bimungrang
1	Ano donggipa/Sok kanenggipa ma' giparang	Annex-1-o talata gita
2	Bilsi 5 na komigipa bisarang	Annex-2 -o talata gita
3	Segri/Mi'chik nokdangko chalaigipa	Annex-3- o talata gita
4	Budepa/Butchuma,ja' akora-jakora, sagiparang	Annex-4- o talata gita
5	Ampang noko donggiparang	Annex- 5-o talata gita
6	Abri jarekrango/Chisamo donggipa nokdangrang	Annex-6-o talata gita

Kena nanggipa nok ba bosturang

Sl.No	Bosturang/Nokrangni rokom	Ge/mang	Agandapanirang
1	Ampang nokrang		
2	Ringrang		
3	Sil kamal ni nok		
4	A'ani me'dik samdiko tariani chaka		
5	Bara dokchakgipa		
6	Gipinrang		
7	Ringani chiko mananirang Tube well rang Chiakolrang PHE tankirang Pokrirag Canalrang Chiring,chibimarang Gipinrang		

8	Jilla kaanirang	Matchu matterang	
		Do'orang	
		Dobok/Mesrang	
		Gipin jillanirang	
9	Gamchatgipa lekbarang (Sakprakni aro songsalni)	Gimik rokomrang	Poraiani certificaterang/ Photo Identity cards/Ration cards/Bank Passbook/Patta/Insuranceni lekarang/phone,light bill/ Gamchatgipa bosturangni guarantee cardrang
10	Gea gamani/bolrang/bolam bolterang/burung bolgrimrang		Mi,badam,komla,mesu samjakrang,nasbati,wa'a baganrang,plum,kesonat etc
11	Mi misi ,bitchilrang		Badam,mesu samjakrang
12	Game ge'e cha'na jakalgipa ostrorang Gitalgipa ostrorang/machinerang		

BAK-4
KENCHAKNA NANGGNIGIPARANG
DONGCHAKANIRANG

Sl.No	Nokni rokomrang	Nokking ge	Agandapanirang
1	Ampang nok		
2	Pucca/RCC		
3	Tinni nok/asbestos		
4	Kaprachi pingipa nok		
	Nok donga gimik		

Songoni kenna nanggipa biapona chelani/sepangani

SI No	Kengnigipa biaprang	Chelani	Agandapanirang
1	A'a beronggipa abri		
2	Chibima		
3	Bena altugipa ali ,adramrang		
4	Gipinrang		

BAK-5

CHOLJOKATNA SANDIE DONANIRANG

KATNAPE CHAKNA SANDIGIMIN BIAPRANG

SI No	Katnapram biapni rokom	Kuturirang	Badita sakna chaka	Nokgip ani gimin talatani	Agandapanirang
1	Skulrang				
2	Olakiani nokrang				
3	Gipinrang				

SONGNI DINGTANG DINGTANG DOLRANG(VILLAGE ORGANISATIONS)

SI No.	Mai dakgipa dol	Memberrang donga gimik	Train ka'ako mangiminrang	

Choljokatna sandisogiminrang

Chiljokatani rokom	Talatanirang	Nokgipani bimung	Ge	Agandapanirang
Re'e doani				
Rongtalatani ate				

gitchirang				
Gipin jakaltogiparang	Generator Pump set Gas lamp Petromax Solar light Emergency light			
Dikdiksa dongchakna tarigipa nokrang	Tambu Tarpolinrang Wa'a plastic			
Chi/To Donchakanirang				

Joke katna dongipa gipin ramarang

SI No	Re'ronggipa ramani biming	Cholgipin rama	
1			
2			
3			
4			

BAK -6

SONGNI DAKCHAKCHENGANIKO ON'NA TARISAMSOANI
Village Disaster Management Committee

SI No.	Bimung	Mea/Mechik	Bilsi	Nanggipa bosturang
				Songni plan, Donor Agencyrangni list, Block, District Administration, Maprang, Resource inventory, pen, note book, songsulo donggipa VDMC rang, NGO rang/CBO rang

Dakna nanggnigipa kamrang: VDMC

Somoi : Chairman Shri/Smt.....toma changantion dilgen aro pilak dakna nanganirangkoba nirokgen.Task force ni dolrangkoShri/Smt.....dakdilgen aro ranggitik a'sel ong'ani somoio manderangko ku'cholsan ong'atna nanggen. Shri/Smt.....Committeeni tangka paisarangko hisap rakigen aro uan Block/District Administration baksa apsan kumonge kamko ka'dilna nanggen.Gipin memberrangde Task forceni nengnikanirangko nirokemung VDMC na agane on'na nanggen.Ia dolan Contengency plan tarigimino maiba nengnikaniko chagronggenchimode namdatatna gita joton kana nanggen. Unbaksana ia dolan gital/gitcham volunteer saktinan ranggitik a'sel ongani somoio maiko dakna nanggen,mai kamrangko ka'na nanggen,Sorkarini dakchakanirangko maikai kangal cholgrirang manpana amgen uarangni gimin skie on'na nanga.

KA'NA NANGGNI KAMRANG:-

- Saknaako/mata bu'ako mangiparangna,nosto ong'gipa nok jamrangna,jila kaanirangna sorkari mai dakchakaniko on'genchim uko sandie on'na tarisobo
- Government/Non government ni dukko ga'akgiparangna dongchakanirangko tarina gita ma'sisamsotanirangko dakbo.
- Dukko ga'akgipa manderangni nokko taridapna/rikpilna dakchakbo.
- Nok jamko gimaatgipa/nosto ongatako man'gipa nokdangrangna dakchakna gita nokrangko tarie on'bo aro cha'a ringani giminba nirok sandie on'bo.
- Jinmana indin songe on'na gita babilsirangko taribo
- Government/non government dolrangko manderangko kam ka'e cha'anko man'atna gita dakchakbo
- Governmentni a'sel ong'a oniko nampilaona ra'bana kam ka'on dakchakpa'aniko onpana nanga.
- Songsalni manderangna dingtang dingtang schemerangni gimin uiatbo.
- Duko ga'akgipa manderangna insurance man'na nanganirangko manpilna gita dakchakbo.

MIKRAKATSOGIPA DOL

Sl No	Bimung	Mea/Mechik	Bilsi	Nanggipa bosturang
				Radio,TV,songbad,loud speaker,battery,funnel,dama,torch light,siren/phonerang aro uiatgipa dolni address

Ranggitik a'sel ong'na skang daksona nanggipa kamrang :

- TV ba Radio-o on'gipa mikrakatani koborranko name knarikbo.
- Village Disaster Management Committee aro Task Force ni dolrangna uiatbo
- Siren watna,dama dokna,nisan gitchakranko songna aro gipin ostroranko a'sel onгани somoio jakkalna man'na gita tarie donsobo.
- Ia mikrakatsogipa kattarangara ongama ong'ja uko Block Administration/Police Stationoniko telephone ba VHF chi sandie ra'bo.Blockni Control roomoniko kobor ra'rurabo.

Ranggitik a'sel ong'ani somoio dakna nanggirang :

- Mikrakatgipa dolrang saknaako man'na altugipa manderangni noko nisan gitchakko songdona nanga aro uamangko taraken nokoniko rimongkatna nanga.
- Ia dolrangan manderangna badia jolchipakni a'sel ongnabachengbaenga agane onemung naljokgipa biapona sakantikon rimangna nanga.Koborranko mansona gita joton kana nanga.

Ranggitik a'sel onгани jamano dakna nanggirang

- A'sel onгани komianguenchimoba manderangna uiatna skang Block Control Room/ Police Stationoniko name tale ra'chengna nanga aro uani krisa kam ka'na nanga.
- A'sel onгани jamano mai mai kamrangko kana nanga uaranko songni manderangna uiatbo.
- Block/District Control Roomona koborranko uiatbo.

Naljokatgipa dolrang (Rescue and Evacuation team)

Sl No.	Bimung	Mea/Mechik	Bilsi	Nanggipa bosturang
				Nisan gitchak,budu,light,wisil,korat,ate,stretcher,First aid box,gloves,tester,ring,saknaako mana altugipa manderangni list,note book,pen,dikdiksana dongchakgipa noko tariani ostrorang

Dakna nanggnigipa kamrang

A'sel ongna skang

- Nanga gimikon tarie donbo.mongsongbate duko ga'akna/saknaatako mana altugiparang jekai saagiparang,bisarang aro mechikmarangni bimungrangko see tarie donbo.
- Songni manderangko jokatna aro naljokgipa biapona rimangani somoio mai bosturangko nanggenchim uarangko tarie donbo jekai cycle, matchu gari,rickshaw aro ringrang aro badiaba ostro dongjaode uko sandie donbo ba tarie donbo.
- Namgijagipa sorokrangko Sorkarini Agencychi tarie ra'bo jedakode altuaen re'na dona man'gen
- Ampang nok ban ok gitcamrango donggiparangko samtangtango donggipa bol wa'arangko ra'e taridapna gita agan kupatie on'bo.
- Chi bana reode atimbo dakgipa jeng donggipa biaprangona jilla kaanirangko moangna nanga.
- Jilla kaanirangko kagija donchina kupatibo.

A'sel ongmiting somoio

- Katnapran biapona mande sakantikon banggija nangbatgipa bosturangko ra'e reangna gita dakchakbo.
- Saoba a'sel onganio ga'akahaode ua biapona ta'raken reangbo aro First Aid dolni dakchakaniko ra'bo.
- Bilonge saknaako mangiparangko sepangbatgipa PHC ona rimangna gita dakchakbo.
- Katnapran biapo rongtal antale aro saksa sakgipin baksa kumong nangrime dongna kupatibo.
- Sakantikon nirokbo aro darangkoba a'sel ongani namkujao apalchi onkatna on'nabe.
- Mana ong'ode gimaenggipa manderangko sandina joton ka'bo.

A'sel ongani jamano

- Mata bua man'giparangko sepangbatgipa hospitalona ra'angna gita gari ba ringrangko sadie donbo
- Re'a doani bidingo nengnikani dongjana gita sorokrango jabol donggiparangko rongtalatbo
- Mande sakantikon noktangtangchina re'angpilna dakchakbo
- Dakchakna siggipa gipin dolrangnaba masiatbo
- Gipin Task Force dolrangko dakchakbo.
-

Katnapram biapko nirokgipa dol

SI No	Bimung	Mea/Mechik	Bilsi	Nanggipa bosturang
				Katnapram biaprangni bimungrangni list,dingtang dingtang katnapram biapona watatnasigipa manderangni bimungrangni list,tarigimin cha.anirang,ringani chi,sam,phenol.bleaching powder,medik sandik,dut,to,mombati,dislai,lantern,gas light,torch,tarpaulin,note book,pen

Kana nangni kamrang

A'sel onga skang

- Je biaprangko kate chakna sandisoaha uarango kelki-dogarang,lightrang,chi tankirang,paikanarang dongama dongja nisoe donbo.Banggiria ongede chu'onga gita tarpolinrangko dongchakna tarie donsobo.
- Songni Contingency Fund ko jakale antisa skangan tarigimin cha'ani,chi,sam,mombati,kerosin aro medik sandikrangko ra'e donsobo.
- Ia dolrangan rongtal antale aro anseng baljoke dongna mana gita tarisona nangen.
- Me'asarangna aro Me'chikrangna dingtang dingtang dake paikanarangko rike on'na nanga.
- Dingtangmancha ano donggipa me'chikrangna aro sagiparangna simsakna nanga.

A'sel ongmiting somoio

- Komibeoba salgittamna nanggipa bosturang baksa cha'ani,ringani,mombati,dislai rangko ra'e katnapram biapona rebaatbo.
- Katnapgipa mande sakantini bimungko sebo aro saoba dongjaode amrikite jokatgipa dolrangna taraken uiatbo.
- Ano donggiparang aro sagiparango dingtangmancha nirokbo.
- Ia dolan mande sakantini rongtal antalanina aro anseng baljokanina simsakna nangen
- A'bachengode antang tangni ra'bagipa cha'aniko cha'na aganbo aro rongtalgipa ringani chiko on'na simsakbo.
- Sakantikon katnapram biapo kumong nangrime dongna gita didibo aro onggija jangbingbananiko knachakjachina aganbo.
- Mikka balwa ba chi bana ongmitingo Task force dolni manderangkoba katnapram biaponi onkangna on'na nangja.
- Kenjagokaniko namatna gita jinma Isolo bina nangen,maina bianichi banga dakchakanirangko mana aro kenanikoba namata.
- Radioko knatime mai a'sel ongenga uina mangan aro jajrengako komiatna mangan.

A'sel onгани jamano

- Sakantinan katnapram biapo dongmitingo uamangni noktangtangchi re'angpilkujana kingking dakchakaniko on'bo
- Reliefna on'giparango dingtang dingtang biapranoniko chimongbo
- Katnapram dring ningakoba aro a'palkoba rongtale donbo
- Jinma cha'na man'na gita tarina nanganirangko taribo
- Katnapram biapko tarina nangode a'sel ong'ani jaman bakan taridapbo
- Badita koros ong'ahachim uko VDMC na uiatbo

Rongtal Antalatgipa Dol

SI No	Bimung	Mea/Me'chik	Bilsi	Nanggipa bosturang
				Kodali,ate,jompol,belcha,Kokcheng Chi test ka'ani box,chi rongtalatgipa samrang, disinfectants,paikana,gloverang, max shoe,phenol,budu,korat,note book, pen

Dakna nanggni kamrang

A'sel onгна skang

- Sam satanirangko sepangbatgipa PHC/ANM oniko chimongbo
- Kerosin ,petrol aro ambolko sogimin manggisirangko so'e galna gita chimongsobo
- Tube wellrango Public Health Department chi samrangko satatbo
- Chi ringani chikongrangko chi bana re'anichi mitchiatanirangko champengbo
- Chikongrangko rongtalatna gita chunko jakalbo
- Dikdiksa jakalna rikgipa paikanarangkoba sam satbo
- Nala rangko rongtale donbo

A'sel ongmitingo

- Katnapram nok samtangtangko rongtale rakibo
- Katnapgipa manderangko chi ritako ba chekgimin chi rangko ringna aganbo
- Chlorine aro halogen tabletrangko chi baksa maikai brinna nanga dakmesoke mesokbo
- Chia kolrango/tube wellrango samrangko satbo
- Katnapram biapko niroggipa dolni chimonggimin chi ringna ba jakalna namama namja uko nirokbo
- Mikka chiko chimongna gita didibo aro man'na ongode chi chekaniko jakalbo

A'sel ongani jamano

- Batrorogipa saa dinganiko champengna gita samrangko satna nanga
- Naljokatgipa dolna jabolrangko galna gita dakchakbo
- Sigimin matburunrangko galna gita manggisiko galtingipa dolna dakchakbo aro ua biaprango samrangko satbo
- Mande sia ong'ode Sorkarini Depaartmentni permissionko ra'chengbo
- Sigimin mandeni photoko aro nanga lekarangko tarie donbo
- Songsalni manderangna ringani chiko sam satna nangani gimin ma'siatbo aro sakantikon iako dakna didibo
- Nala rangko rongtale donbo.

Sanchenggipa Dol (First Aid Team)

SI No	Bimung	Mea/Me'chik	Bilsi	Nanggipa bosturang
				First Aid box,delivery box, ORS packets,hanger, sagiparangni,bisarangni, budepa butchumarangni,ano donggiparangni, bisa bakgitchak donggiparangni list, Chi chekgipa,note book,pen,stretcher

Dakna nangni kamrang

A'sel onгна skang

- Ano donggiparang, bisa bakgitchak donggiparang, bisarang, sagiparang, budepa butchumarang aro be'en bilgri onggiparangni list ko nitaipilbo aro pilak nanganirangko tarie donbo.
- First Aid Boxo samrangko, bandage, plaster, sterilized blade, biji, kechi, chlorine, halogen, balm, ointment, kilchap, ORS packet, detolrang, aro gipinrangko donsobo
- Samrangko maikai jakalna aro ringani chiko maikai chekna nanga manderangna dakmesoke mesokbo aro rongtale dongna skibo
- Naljokatgipa dolko dingtangmancha ano donggipa, bisa bakgitchak donggipa aro saa dinga donggiparangna simsakna aganbo

A'sel ongmitingo

- Sagiparangko aro mata bua mangiparangko nirokchengbo aro man'na ong'ode sepangbatgipa PHC ona gipin a'sel ong'dapna skangan ra'angbo
- Naljokatgipa dol baksa sagiparangko aro a'selo ga'akgipa manderangko katnapram biapona rimangna dakchakbo
- Ano donggipa me'chikrangko dingtangmancha nirokbo
- Katnapgipa manderangko an'tangtangni cha'a ringanina simsakna aganbo
- Kenjagokjachina aganbo

A'sel ong'ani jamano

- Dukko ga'akgipa mandeko jokatna gita ta'raken kam ka'bo aro ua mandeko PHC/CHC/Civil hospital / private hospitalona ra'angna joton ka'bo
- Governmentni para medical staffna dakchakbo
- Government/NGO ni medical dolrangna sagiparangko sanna gita dakchakbo aro bilonggiparang dongode uamangna uiatbo
- Songgimik(epidemic) saanirangko champengna simsakbo. Indakgipa a'sel ongenchimode saani bewalrang aro badita sak saenga Block/PHC na ta'raken uiatbo

Dakchakegipa Dol (Relief team)

SI No	Bimung	Mea/Me'chik	Bilsi	Nanggipa bosturang
				<p>Songni manderangni bimungrang aro jilla kaanirang,katnapram biapo donggipani bimungrang,tarigimin cha'ani stock,bisarangni cha'ani,to,batanggipa a'sel ong'ani somoio dongchakgiparangni bimungrang,dakchaknakgipani bimungrang,phone number aro address,family relief/ration card,register,pen,relief itemko salrurana gari</p>

Dakna nangnil kamrang

A'sel ong'na skang

- A'sel ong'na skangan nengnikaniko man'jana gita pilak nangrangko jekai tarigimin cha'a ringani,bisarangni cha'ani,sam,to, aro gipinrangko tarie donsona nanga
- Block Extension Officer rangko/Gram Sevakrangko nanga biapo cha'aniko chimonge donna gita dakchakbo
- Dikdiksa dongchakani nokrangko rikna manna gita bol wa'a,budu ,plastic,korat,megap aro gipinrangko tarie donsobo.
- Jilla kaanirangna jeng aro samko chimongsobo
- Katnapram biap ge'antion salgittamna chuongna gita hisape tarigimin cha'aniko donsobo

A'sel ongmitingo

- Chuonga gita relief bosturangko katnapram biaprango chimongsobo
- Cha'anirangko nambate سوالنا mana gita katnapgipa nokdangantina family cardko taribo
- Cha'anirangko name سوالنا nanga aro saksakoba donchangna nangja.
- Dolko dilgipana badiaba bostu chu'ongjaode uiatna nanga
- Soso jengjeng ong'atnabe
- Government/NGO rangko relief-ni bosturangko سوالنا dakchakbo.

A'sel ong'ani jamano

- Government/NGO rangni onaniko niroke sakantina tikatna gita dakchakbo
- Gipinoni re'bae relief ko on'giparang nengrana gita dakchakaniko manna nanggiparangni bimungko see onbo
- A'sel ongao ga'akgipa manderangko nambate dakchakna manna gita uamangni gimin Damage Assessment dolna agane on'bo
- Bangbate dakchakaniko nanggipa manderangna cha'aniko aro dakchakaniko onbo

Manggisiko Galgipa Dol

SI No.	Bimung	Mea/Me'chik	Bilsi	Nanggipa bosturang
				Kodal,belcha,ate,wa'a,kok,disinfectants, to,gloves,max shoe,phenol,budu,korat,janggiko ba jillanirangko insure ka'ani lekarang,camera,note book,pen

Dakna nanggnirang

- To,ambol,bleaching powder aro gipinrangko tarisamsobo
- Manggisirangko sona ba gopna biaprangko sandisobo
- Manggisirangko chimongbo.Uarangko identify ka'bo.Jillanirang siode nokgipana uiatchengesa galna ba gopna nanga
- Badita mang jillanirangko insure ka'ahachim see donbo aro Veterinary Assistant Surgeon na uiatbo
- Mande sigiminrangko photo ka'na nanga aro galna skang PHC Medical Officer/Police Stationna uiatna nanga
- Je biaponiko manggisirangko man'achim ua biapo bleaching powder ko satbo

Songko Wenroroe Nirokgipa Dol(Vigilance/Patrolling Team)

Sl No	Bimung	Mea/Me'chik	Bilsi	Nanggipa bosturang
				Torch light,goldik,wisil

Dakna nanggnirang

- Manderangko antangtangni gam jinrangna jajrengjachina aganbo aro uamangko naljokgipa biapona rimangbo.
- Songsalni gam jinrangna simsakbo
- Katnapram biapchi re'anggimin manderangni nok jamko skatang dakgipa manderang mamungba dakna manjana gita simsakbo
- Maiba s'sel ongitikode policeni dakchakaniko am'bo

Nosto Ong'ako/Gimaako Nirokgipa Dol (Damage Assessment Team)

Sl No	Bimung	Mea/Me'chik	Bilsi	Nanggipa bosturang
				Songo donggiparangni bimungrang,jilla kaanirang,APL/BPL/SC/ST ni list,camera,note book,pen,resource inventory

Dakna nanggnirang

- Gimiko niroke taridapna nangako taridapbo
- Nosto onggipa pilakon see rana nanga jekai jila kaanirang,ringrang,nok jamrang,gamjinrang,bol wa'arang aro gipinrang
- Baditana kingking nosto ong'aha uko uina gita Governmentni sandigiparangna dakchakbo
- Dakchakaniko man'na gita NGO aro gipin dakchakgipa dolrangna(Charitable organization) uiatbo.
- Antangtangni man'na nanggniko mamung nengnikani gri manpilna gita a'sel ongao ga'akgipa nokdangrangna dakchakbo

Kupatie On'gipa Dol (Counselling Team)

Sl No	Bimung	Mea/Me'chik	Bilsi	Nanggipa bosturang
				Note book,pen

Dakna nanggnirang

- A'sel ong'ao ga'akgipa nokdangrangni agananiko knatimbo,uamang an'tangtangni ka'sagiparangko,jila kaanirangko gimaate dukko ga'akengon uamangan kadimeaniko on'bo.
- Uamang bak ra'pana man'na gita dingtang dingtang dolni ongatgipa programmerangni gimin uiatbo
- Governmentni dukko ga'akenggiparangna dakchakaniko uiatbo
- Janggi tangrong bewalona sokbapilatna gita kam ka'anio uamangko bak ra'atna nanga.

BAK- 7

Duk Ga'akgnioniko Ritchengatna Tarisamsoani (Mitigation Plan)

Bakandikgipa Tarisoanirang

SI No	Namdapatan nanggiparang	Dakgilgipa dol
1	Tube wellko taridapani	PHE
2.	Sorokrangko nandapatani	BDO/PWD
3	Bolam bolterangko geani	Department of
4.	Manderangko masiatna gita tombimonganirangko ong'atani,posterrangko,lekkarangko sualani,a'sel onгани somoio dakna nanggnirangko dakmesokani,ramarango dakmesokani	Horticulture Village Disaster Management Committee
5.	Anseng baljokani gimin skie on'anani	NGO/PHC/CHC
6	Alternate cropping	Agriculture department
7	Gipinrang	

Ruutana Tarisamsyani (Long term)

SI No	Namdatapna nanggiparang	Dakdilna nanggipa dol
1	Songni kutcha ramako pucca ong'atna	Block/PWD
2	Adram/ali benasigiparangko taridapna	Irrigation department
3	Songko silroroatna dakgimin programmerang-IAY,janggi tangani cholko dakna loanrang,Chi bana aro balminduri rango katnape chakna nokrangko bangbate rikna	Block Development Office
4	Senggnang mikrakatanirangko on'gipa rangko donani	BDO
5	Insurance(mandeni,jilla kaani aro agriculture)	Insurance Company
6	Gipinrang	

BAK- 8

Silroro Namrroatna Dakanirang/Re'a Doani Cholrang(Development Initiatives/Linkages)

Training

Nanganirang	Mana amgipa nanganirang	Nanggiparang
Sanchengani Rongtal antalani Naljokatani Eco systemko ripingani VHF/HAM Radio Gipinrang	Training on'ani biap	Taining on'giparang Nanga bosturang Technical know how,wireless bosturang

A'sel Ong'ao Dakaniko Skisamsoani(Mock Drill Plans)

Somoi	Dakna nanggni	Dakdilgipa dol
May/October	<p>Dolantian/Task Force dol apsan tomdake chanchirimna nanggen aro altue man'gipa cholrangchi an'tangtangni kamrangko chusokatna nanggen.Songni manderangba a'sel ongao mai maiko dakpana nangachim uarangko dake nipana nanga. Ramarango dakmesokna Songni tombimonganiko ongatna Posterrangko سوالنا Video rangko mesokna aro maiko dakna nanga nangja uko chanchirimna</p>	<p>VDMC CBO Gram Sevak/ Volunteer</p>

Songsa Songgipinchi Re'a- Doanirang (Inter Village Linkages)

Sl No	Nanganirang	Dakna nanggnirang	Nanggipa manderang
1	Songo jakalgipa ring Generator Trolley Rickshaw Auto rickshaw Jeep aro trailor Gipinrang	Songsa songgipin baksa melie kam ka'ani Nanga bosturangko phara ra'ani	Songo jakalgipa ringaraShri.....ni songoni Generator.....Shri.....ni songni Trolley rickshaw.....Shri.....ni Auto rickshaw.....Shri.....ni songni Jeep aro trailor.....Shrini

Village Disaster Management Plan (VDMP) ko Namdatani

Somoi	Dakgni kamrang	Kam kadilgiparang
April & October ba Jadokni gisepe changsa	-Songni tombimongani -Survey -ANM report - Anganwadi Worker ni namdatgimin report	-VDMC -CBO jekai Youth Club, Women Group, etc) -GS/Volunteer

Songni ra'chakani: Chinga kamao soi kagiparang kucholsan onge tarigimin.....(Songni biming).....ni Village Disaster Management Plan ko ra'chaka

Sl No	Songni mandeni biming	Mea/Me'chik	Bilsi	Soi/Jaksi tapani

Annex-1 –(Ano donggiparang aro Sok kanenggipa magiparang)

Sl. No	Ano donggiparangni/Sok kangipa magiparangni biming	Bilsi	Segipa/Nirokgipa	Agandapanirang

Annex-2- (Bilsi 5 na komigipa bisarang)

Sl. No	Biming	Mea/Me'chik	Bilsi	Maa parang/ Nirokgiparang	Agandapanirang

Annex-3 –(Segri/Mechikchi Chalaigipa Nokdang)

Sl. No	Biming	Bilsi	Sl. No	Biming	Bilsi

**Annexure-4 Butchuma Budeparang/Darangba Simsakani Gri
Donggiparang/Kana Korarang**

Sl. No	Biming	Mea/Me'chik	Bilsi	Agandapanirang

Annex-5 (Ampang noko donggiparang/Nok begropnasigiparango donggiparang)

Sl. No	Nokni skotongni Biming	Nokdangni manderang	Sl. No	Nokdang skotongni biming	Nokdangni manderang
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Annexure-6- Volunteer rangni list

Sl. No	Biming	Mea/Me'chik	Bilsi	Agandapanirang
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ANNEXURE-7 A

BANGGIRIANI SOMOIO DAKNA NANGGNI ARO DAKNA NANGGIJANIRANG

Banggiriana tarisamsyani : Mamungba uisoani gri ranggitik banggiriani ong'ronga. Unigimin sengngangan maina kenna nangani gnangchim uko sandisoe dongenchimode banga gimaaoniko aro mandeni janggina a'sel ong'aoniko komiatna man'gen.

Skang,noko kena nanggirangko sandisamsobo.

- Almirahrangko ga'akjana gita pakmao name datkapo
- Dal'gipa aro jringgipa bosturangko almirahni kamabatgipa gadango donbo
- Bena altugipa bosturangko, jekai glass, astechi tarigipa bosturangko ka'magipa donchakanio dogo chipe donbo
- Jregipa noksarangko aro ainarangko palang sepango aro manderangni asongram biap sambao sitenabe
- Kosako dingdegipa light framerangko name tekchape donbo
- Bijolini wirerang nosto ongode tarie donbo aro gas leak ongama ongja sandie taribo maina iarangan wa'al kamatna altugipa ong'a
- Chi dingatgiparangko namedake pakmao tekchape donbo
- Nokingo ba nokni aparango bretanirang dongenchimode taridape donbo
- Nok rika namja ine nikode uie masigiparagoniko kupatianiko ra'bo
- Jo'ong ba samsirangko siatna jakalgipa samrangko aro wa'al kamna altugipa bosturangko kamagipa gadango chipe name dogo chipe donbo

Kuturiantion naljokgipa biapko nie donbo

- Mangrakgipa table ba palang nokima
- Pakmao dandane dongna
- Kelkini aina, noksa, glas ba jregipa leka donchakramrangoni chelao dongna

Apaloba naljoke dongna manggipa biaprangko sandie donbo

- Nok dalgiparangoni, bol wa'arangoni, bijoli aro telephone rangni silitingrangoni chelao bang bang dakgipa biaprangko sandie donbo
- Nokni mande sakantian banggiriani jamano maiko dakna nanga masiate on'bo
- Nokni mande sakantinan basako aro maikai chi, gas aro bijoliko bond kana nanga skie on'bo
- Bisarangna basako aro maikai policena aro fire department na phone ka'na, radioko knaeming koborrangko masina mangan uarangni gimin skie on'bo

A'sel ongitiko nanggipa bosturangko rabitrongbo

- Light aro battery (agitchae)
- Batterychi watgipa radio chongipa aro battery (agitchae)
- Sanchengani bosturang aro kitap(manual)
- Nanggitikona cha'ani aro ringani
- Tangka
- Baigipa jutarang

Tanggitik ong'o maikai uiatgrikna mangenchim tarisamsobo (Develop an emergency Communication Plan)

Banggirimiting somoio nokdangni manderang dingtangtgrikaniko mangenchimode (salo a'sel ong'ode indake ongnaba gnang jeon ma'a paarang kamo aro bisarang skulo ongenchim) a'sel ongmanani jamano uamangko grongrikataina cholrangko tarie samsoe donbo

Chelao donggipa ripengko ba madrang bakdrangko nangan salo kobor onatna gita agane donbo. Ranggitik a'sel ongani jamano chelao donggipa baksa phone agangrikna altubata. Ua mandeni bimung phone number, addressko nokni mande sakantinan uiate donbo.

Banggirimitingo noko ongode

- Mangrakhgipa bosturangni kokimao nape chakbo ba pakmao rimkape dongbo
- Apalchi onkatnabe
- Banggirimitingo apalchi onkatna joton ka'na nangja maina ua somoio nokni bosturang ga'akdapna altubata

Banggirimitingo apalo ongode

- Building ni, bijolini silitingrangoni aro soroko donggipa lighrangni chelao bangbango dongbo
- A'a moa nama namkujana kingking uano dongbo

Gario remitingo ongode

- Gariko dongdike dongbo aro apalchi onkatnabe
- Bangbang gipa biapo, buildingrangoni ,bol wa'a ,kosako ra'sotgipa silitingrangoni, kosako rasotgipa dolongrangoni chelao dongbo.
- Banggiria namahaon ka'sne simsake reangbo. Nosto ongatako manna kragipa dolongrangko rejaode nambata

Banggiriani jamano noko jilgiparangni (achak, menggo) bewalrang

- Banggiriani jamano noko jilgiparang(achak, menggo) ni bewalrang dingtangnaba donga. Namgipa mikmalgipa achak, menggo mikmaljanaba ba kanamjanaba donga. Uarangni dakbewalrangko name nirokna nanga aro achakrangko bera ningo kae dona nanga.
- Menggo, achakrangkode katanpram biapona rimangna onjanaba donga
- Tanggitik somoio chipe dona mana gita kacha dalako tarina nanga aro sal 3na chuonga gita cha'aniko aro chiko one dona nanga.

Jamano banggiritagipana simsakbo

Skang banggirigipana bate bilaka komigenchimoba simsakna nanga maina ua benasigiparangko berurutnaba donga. Banggiriani jamano a'a motaiiani adita kontarangni jamano, adita salrang ,antirangni ba jarangni jamano ongtainaba donga.

Saknaa mangiparangko ba onkatna mangija donggiparangko dakchakbo

- Skanggipa sanchenganiko dakbo. Bilonge mata bua mangiparangko a'sel ongdapani dongjagenchimode tomtom donaibo aro dakchakaniko ambo.
 - TV ba radio ongipa koborko knatimbo
 - Dakchakaniko nanggipa noksulrangna dakchakbo mongsongbate bisa bakgitchak, butchuma- budepa ba be'en bilgri ongiparang dongode uamangna dakchakbo
 - Nosto ongipa nokchi napnabe. Mamungba jajrengani dongjawaha ine dilgiparang aganosa noktantangchi reangpilbo
 - Nangchongmota ongosu phoneko jakalbo
-
- Ga'akgipa samrang, bleaching powder rang, gasoline ba kamna altugipa rangko ripakbo aro rongtalatbo. Gas ba mainiba bibako manode ua biapo dongnabe.

- Almira ba medik samdik donchakgiparangko kasne simsake kulibo
- Walku joke katna tarigiparang namama namja nichengbo. Nosto ongode wa'al ongkatnaba donga

Nosto onggiipa nok ba gipinrangko nichengbo

- Gas jokama jokja nibo. joka ongode ba biba manode kelki dogarangko obo aro nokoni ongkatangbo
- Bijolini wirerang chotama chotja sandibo aro chota ongode mongsonggipa fuseko okbo.
- Chi siltongrang ba paikanani siltongrang bretama bretja nibo. Paikanani siltong breta ong'ode taripilna aganatbo. Chi siltongrang beode ba nnosto ongode tarigiparangko okamatbo aro pipeni chiko jakalnabe.

Annexure -7 B

Mikka Balwa tarako dakna nanggirang/ dakna nanggijagiparang

- Gamchatgipa bosturangko naljokgipa biapo donbo
- Radio, torch light battery, mombati, dislai aro chi rongtalatgipa samrangko tarie donbo
- Nok jamko insure ka'bo
- Chuonga gita chi aro jeng donggipa naljokgipa biapona matchu matteko moangbo
- Balwa, balminduri taraknasienggipani koborko, mikrakatanirangko radio-o knatimbo
- Mikrakataniko man'on naljokgipa biapo chuonga gita tarigimin ringani chi, cha'anirangko aro to rangko tarie chimongbo
- Bosturang jekai board, tin aro jakalgijagipa tinrang aro jerangkon balminduri manpakangna altua aro kengniko ongata uarangko name kae tarie donbo
- Kelki, dogarang balmindurio nosto ongatako mana altua unigimin uarangko mane teke donbo. Songni manderangni tik kagimin sepangbatgipa katnapram biapona re'angbo
- Mikka balwa tarakmitingo apalchi ongkatnabe
- Onggija jangbingbangatnabe aro uarangko bebe ra'nabe
- Sam ringon ok mamungkoba cha'ani gri ringnabe aro sal somoi batgimin (expired) samrangko ringnabe. Pangnan ANM ba skanggipa sananiko on'gipa dolo sam ringna skang singe rachengbo

Annexure-7 C

Chi bana re'o dakna nanggirang/dakna nanggijagiparang

- Chi bana ong'nasiako kobor man'soon naljokgipa biapona ba atimbo dakgipa biaprangona dalani aro bisani cha'a ringanirangko ra'e re'angbo
- Gamchatgipa lekkrangko nokkingo ba plastic o chipemung a'a ningo ningtue dape donbo.Nok jamko aro nokni bosturangko insure ka'bo
- Naljokgipa biapona jila kaanirangko chuonga jeng aro ringani chiko ra'e moange donbo.
- Radio-o mikrakatani koborrangko knatimbo
- Bijolichi jakalna nanggiparangko jakalnabe
- Chiko jakalna skang samko on'chengbo aro cha'aniko gripe donrongbo
- Chipurang na simsakbo
- Katnapram biapona ongkatnabe .Dongchakgipa biapko rongtale rakibo
- Samtangtangko rongtale rakibo
- Simgimin bosturangko cha'nabe.Manadipet rangipa cha'anirangko cha'bo
- Aganbingbanganirango bebe ra'nabe
-

Annexure-7 D

Wa'al kamitingo dakna nanggiparang/dakna nanggijagiparang

- Sepangbatgipa Police Control Room/Fire Stationna wa'al kambamitingon uiatbo(phone ka'atbo).District Control Roomnaba uiatbo.Uamangni phone numberrangko gisik ra'bo ba calendar ba nokdangni manderangni nikna mangipa biapo see donbo
- Bisarangna dislai/lighterko kalna on'nabe
- Nangni cholako wa'al chabakode katnabe.A'ao turomromeming wa'al ko kimitbo/siatbo
- Songmiting chanmitingo wa'al chabakna altugipa bararangko ganabe
- Chankol sepango bol cheksirangko,megaprangko aro kerosinko donabe.
- Songman chanmanahaon wa'al ko skimitbo
- Gas cylinderko jakalna nangjahaon off ka'e donbo ba gasko jakalani niamrangko jarikbo
- Wa'al aro walkuoni jokna mana gita tugopbo
- Cigarette birirangko ringmanon skatang wa'al gnang galramramnabe
- Naljokatna re'bagipa dolrang banoniko baltin,chi,an'cheng,wajolrangko wa'al kimitna mangen masina nanga.

Annexure 8

Amsandie naljokatgiparangni dol aro Samra sampilchenggipa dolna kupatianirang

Samra sampilchengani (First Aid)

Encyclopedia Britannica Samra sampilchengani gimin indake agana 'a'sel onga bakan mata bua mangiparangko bangbate saknaa mandapaoniko champengna gita sanchengna nanga'. A'sel ong'gipa biapo man'a amgipa mandechi ba bosturangchi saknaa ba ranggitik saa dingako mangiparangna sananiko on'na masigiparang sokbana skang dakchakaniko on'chengna nanga.

Sanchenganiko onani miksonganiranga

- i) Janggiko jokatna
- ii) Saknaa mangipako bilongbatangaoniko champengna
- iii) Ansengpilatna dakchakna

Sanchengani nanbatgipa niam-Kasne kam ka'na-kenjagokna nangja

Maiko dakna nangachim uko dikdiksa chanchichengbo. Nangchongmotgipa somoio na'a dakchakna mangan ine chanchiode dakchakbo, indiba kadongna manjaode 'Hero' dake mesoknabe. Gipinrangni dakchakaniko amna nengniknabe

Sanchenganiko on'na miksonganirang

1. Be'enni mongsonggipa bakrang ko kam ka'atna dakchakna. Janggiko tange rakina mongsonggipa dakchengna nangniara (blawa rama (airway), rangsitani (breathing), anchi jokrurana manani (circulation))

- Balwarama (airway) ko rangsitna manjaode baljanggi (oxygen) napna mana gita oprakbo
- Rangsitatna nanga jedakode baljanggi (oxygen) kasopranggita an'chiona jokangna mangan
- Katong baljanggiko ra'angenggipa anchiko jokruraatna manatna nanga

2. A'sel ongdapaoniko ba blongdapaoniko champengna

3. A'selo ga'akgipana kadonganiko on'na ba uko dongtoatna dakchakna

Kam kana tarisamsoani (Action Plan)

Kam kana tarisamsoaniara a'sel ongao ga'akgipa mandena kenchakani dongama dongja nirokemung kamao mesokgipa kamrangko dakna dakchakbeani onga. Uaranga DRABC

D-Kenchakani dongama dongja nichenbo (DANGER)

- Nangna
- Gipinrangna
- Saknaa mangipana

R-Ileng siksakama siksakja nichengbo (RESPONSE)

- Mikselama?
- Sibokama?

A-Balwarama ko nichengbo (AIRWAY)

- Balwa ramako champengani dongama?
- Balwa ramara oama oja?

B-Rangsitani ko nichengbo (BREATHING)

- Chelara moama?
- Saknaa mangipani rangsitako knaama?
- Nangni peo rangsitani bibako manama?

C-Balwa ba anchi jokruraani (CIRCULATION)

- Jakmikchi dongama?
- Janggi dongkuani chin dongama?

Antangna Sanchengani bakos ko taribo

1.Kilchap

2.Stapgipa tapani (adhesive tape)

3.Crepe bandage

4.Sterile dressing

5.Triangular bandage

6.Thermometer

7.Kechi

8.Jako ganani(Gloves)

9.Sabon

10.Saknaako komiatgipa sam (pain reliever)

11.Antacid

12.ORS packets

Mata bua mangipako niani (Noksao dakemesokani)

- 1.Saknaa mangipako mikrakatna mangma manja ilengatemung demesabo
- 2.Kudipeko dechaobo-skoko gitcingatbo
- 3.Chel illengama ilengja nibo

Mikselatpilna gita donani

- 1.Ja'aranko srongatbo-skoko gitcingatbo
 - 2.Ja'ako ra'dobo,japako apao dongbo,jakko peo donbo
 - 3.Saknaa mangipako antangchipakna salbo,skoko name rimbo
 - 4.Skoko gitcingatbo indake donode saknaa mangipa altuae rangsitna mangan
- A'sel onggipa biaponiko rimongkatani jamano saknaa mangipa mandena sanchenganiko onbo jedakode uko bilongbatataoniko champengna mangan.

Jakrangchiba naa mandeko detomna gita tarina mangan

Nangni ripengrang baksa dake nibo

Saknaa mangipa mandeko chilna gita mande sakgni jakrimgrikemung asongate detomna mangan.Indake dakanichi saknagipa mandeko sepanggipa biapona sanna git ra'angna mangan.

(a) Cholarangko stretcher dake tarina mana

Siltongrangko rakatna gita jakale cholarangkoba stretcher tarina mana. Button/chain ko salkipemung siltongko chola jak gita sikate chola king 3 ba king 4 ko stretcher tarina mana.

(b) Jangke/buduko stretcher tariani

Jangke/budurangko mana altubea aro uarangkoba stretcher dake jakalna mana.

Jokatna sigipa mandena nanggipa bosturang

Skoo ganani (helmet)

Torch light

Gum boots

Chio balbogipa jacket (life jacket)

Whistle

Naljokatgipa dolna nanggipa bosturang

Budu

Jangke

Pulley

Ratna ba dena jakalgipa bostu

First Aid Box

Haturi

Stretcher

Kamrang

Dol 5 dake sualbo aro dolantian mai ostrorangko rabbitna nanga uarangko agantalate onbo

Dol: A- Balminduri

Dol : B-Banggria

Dol: C –Chibana

Dol: D-Wa'al kama

Dol: E-A'a bea

Simsakna nanganirang

A'selo ga'akgiparangko nokningoniko (building oniko) jokatna skang simsakna nanggirang

Nokningchi napna skang

- Noko maidake rika aro begiparang badita donga nichengbo
- Pakmarangko sikchakna nangama nangja nichengbo
- Begopna sigipa nokrangna simsakna nanga

Nosto onggipa nokchi napangmitingo

- Skoo gananiko (helmet) ganbo
- Saksan renabe sak gni gni dake kam kabo
- Gamanirangko knatimbo
- Saksa sakgipinko okamgrikbo
- Nosto onggipa pakma ba dogarangko dangtapnabe
- Bijolini slliting nakate donggipana simsakbo

Nosto onggipa nokningo kam kaon

- Wa'al sonabe
- Pakma sambajoljol rebo
- Simsake rerurabo
- Begropgimino maiba bostu naprote dongoba koldonabe

Sandie jokatgipa dolrangni dakna nanggirang

- Gisiko tomtom rakibo
- Jokatna skang gimikon nie rachengbo
- Nosto onggipa jangkerangko reon manadipet pakma sepangjoljol dongbo
- A'selo ga'akgipani sambao donggipa jabolrangko galon naljokanina simsakbo
- Sanchenganiko dakbo aro rangsitna gita dakchakbo
- Blanket/tarpaulin chi pindape saknaa mandapaoniko champengbo
- Matsramgipa bosturangko simsake jakalbo
- A'selo ga'akgipani gana chinaniko olgrokatbo aro tusiatemung dingate donbo
- Anchi onganiko champengbo aro nanga ongode kusikchi rangsitatna (artificial respiration) dakchakbo

Dakna nanggijanirang

- Kenjagokna nangja
- Mamingkoba masigijade naljokatna abachengnabe
- Relrangko skatang salongkatnabe, salongkatode benasigiparang besrangnaba gnang
- A'selo ga'akgipana kenchakani dongjaha ongode skatang ra'ongkatnabe
- Sagipako sadapatnabe aro namgija biapo donabe
- Nangchongmotana agre de bichemchemgiparangni ba nosto onggimin nokrangni kosako malamnabe
- Bijolini silitingko dangtapnabe
- Naljokatna dongipa niamrangko penabe

Siboka/Nomboka

Name chanchina manjahaon mande dikdiksana siboka. Dingtang dingtang a'selrangni gimin jekai skoo mata buako mane, epilepsy, anchi name jokrurana manjae, bisi chamane ba ringmane diabetes, aro chuonga gita rangsitna (oxygen) manjae mande siboka.

Mande sibokako nikode

Dakna nanggnirang

- Sibokgipa mande ga'akna skang rimrikbo
- Mikrakama mikrakja ilengama ilengja se'ete nibo
- Maini a'sel siboka sandie nibo
- Skoko gitcingatbo aro jako be'enni right angleo donbo.
- Ja'ako radobo (8-12 inch) jedakode an'chi jokrurana mangen
- Chola bara aketode olgrokatbo
- Sina ongode aselo ga'akgipa mandeko dingatbo
- Aselo ga'akgipa mandeni obostako see donbo

Dakna nangjanirang

- Sagipa mandena cha'na ringna onnabe
- Sibokemung mikrakpilon name mikselkujana kingking chakatningna onnabe
- Dinggipa biapo ongode sagipako dongdulnabe

Sibokani (Noksao dakmesokani)

1. Se'etbo, ilengama, mikrakama?
2. Mata dongama dongja aro maini a'sel siboka sandibo
3. Skoko gitcingate donbo. Jako be'enni right angle o donbo
4. Hospitalni manderangna sagipa mandeni obostako aganbo.

Kamani

Dingtang dingtang a'selrangchi jekai,wa'al,dinggipa biba,dinggipa sil,sal;bijoli aro chemicalrangni a'sel kamako mana.

Kamani gadangni kri bak dake dona mana

1) Kosakgilgil kamgipa (First degree superficial)

Kosakgilgil kama mangipa bigil gitchaka aro ran'a aro chaktogija sadikata.Kama mangipa biap ripomnaba donga.Bangbata changon kosakgilgil kamrongbata.

2) Bigil gnang kamchapgipa (Second degree –Partial- thickness)

Iano bigil gimikon mangopa.Kamgipa biap gitchaka, chibila aro chi dake ongkata aro chijime donga.Iarang chaktogija saknaata aro ripomnaba donga.

3) Bigil baksa be'enko kamchapgipa (Third degree-full thickness)

Indake kamahaon gisime niknaba donga aro basakobade gipok gipok dake mitam bakrango nakatnaba donga.

Kamanirang (Noksao dake mesokani)

1.Kamako kasinatna minute 10 mang nanggan

2.Ripomna skangan changketatnagipa bosturangko okbo

3.Kamao tapna rongtalgipa bara soomgijagipako jakalbo

4.A'selo ga'akgipa mandeko rimongkaton antangnaba simsakbo

5.Kama mangipa mandeni wa'alko kimitatna gita barachi rake wenwenbo.

6.Skoko tangonatbo. Kama mangipako pindapo

Dakna nanggirang

- Kamgipa bakko chi kasinao taraken simbolbo ba barako chio simemung pindapo
- Be'eno gangiparangko (jaksan,jakstem,ghori) aro aketatgipa bararangko ripomna skang ba chibilna skang okbo
- Kamgipa bako bara ranachi pindapo.Kilchap aro bara kimil donggiparangko jakalnabe.
- Barao wa'al chabakon uko blanketchi pindapemung romrombo

Dakna nanggijanirang

- Kamgipa bakko chi tarake jokao simbolnabe
- Kamchapgipa barako ochraknabe
- Butter ointment,to ba chi tinkagipako kamgipa bako donabe

Suurini chika (Frost bite)

Agrepile sindugaon be'enni bakrangba chiktotpila aro jada change donga. Iani chinrangara gipoka aro mombati gita bigil gipoka dangtapo raka indiba be'en ningo nom'a aro sadika aro jada changa.

Dakna nanggirang

- Jadachanggipa suri chikako mangipa jasi,nachilrangko jak dingachi dondapo
- Sagnagipa biapko rangsitape dingatbo ba uarangko be'enni dinggipa biapo donbo ba suri chikako mangipa bakko chi dingao (40 degree centigrade) simbolbo
- Sagnagipa bakko pindapo

Dakna nanggijanirang

- Saknagipa bakko ropropnabe maina suri bichemchem rang chonchongipa jadilrangko (tissues) nosto ongatnaba donga
- Saknagipa bakko surichi ropropna nangja maina indake dakon saknagipa bakko surichikdapatnaba donga aro ua bakko dingatatnaba nangja maina indake dakon sagipa bakko rangsan dingatatnaba donga.
- Saknagipako rama rena onnabe
- Chi bila dongode uko suprunabe

Anchi ongani

Matanirang,matchitanirang aro bu'anirangchi an'chi ongatako mana. Agre anchi pakode mandeni janggina kenchakani ongnaba donga. An'chi pakaniko tipatna :

- An'chi onggipa bakko rake sikjetbo
- Dedoani-mata mangipako tusiatemung matgipa bakko katongna bate kosakkale donbo bechipila ine chanchichipode ka'sne debo.

Adita minitrangna anchi ongani jamano skongna agachenggen.Ukon anchi te'kaa minga.Anci tinkahaon kasnesan jokaignok.anchiko tipatna gita aro moilarangko napna manjana gita barachi katipbo.salantian gital barako kabo aro naga ongode tetanus bijiko subo.

Anchi ongani (Noksa dakmesokani)

- 1.Matgipako namedake rimkepbo
- 2.Matgipa bakko ra'dobo
- 3.Bara wengipako katotengbo
- 4.Ja'ako radoe gatchakanio donbo,skoko onbatao donbo.

Mikrakatani

- Ja'a jakni anchi tipjaode, anchi onggipa bakko rimkepna nanga
- Matgipa bakko maiba bostu bu'a dongode matgipako samtangtangchi sinjetna nanga aro bandage kana skang padko donchengna nanga
- Gloverangko infection ongjana gita gana nanga.
- Matgipa mande sibokode KIBRB ko jarikbo

Bijoli kamani (Electrocutiion)

Simsake jakaljaode bijoli kenbegnigipa ong'a. Sakoba bijoli kamode bijoliko kimitkujana kingkingde sanchenggipa mandeba dangtapna nangja. Apalo ba be'en ningo kamako mannaba donga, rangsitama rangsitja, katong kapo kapo dakama dakja nina nanga.

Bijoli nangako mangipa mandeko sanna gitade bijolini bilko kimitchengbo aro a'sel onggipako gipin biapona bijolini bil magijagipa bostuko jakale jitatna nanga. DRABC ko dakna nanga aro a'sel onggipa bakko rongtalgipa barachi wendapna nanga aaro hospitalchi taraken ra'angna nanga.

Chipu sua

Bangbata chipurangan bisigrak ongja. An'chingni kenani giminsa chipurangba surongaia.

Chipurang mongsongbate ja'a jakko surongbata, bangbata somoion ja'ako surongbata. Chipu bisigrak ongjaoba bisigrak gita chanchipna nanga. Chipu sugipa bakko sambao bandage kachangemung rake sinjetna nanga.

Dakna nanggirang

- Sua mangipa bakko katongna bate onbate donbo
- Sugipa bakko second 15-30 na anchi jokna onbo
- Ja'ao suode, sua mangipaoni jaksi 2 mang chele bandagechi kabo
- Sugipa biapko sabonchi susrangbo aro sam nongbo
- Bandageko jaksi samang napna mane olgroke kabo
- Rangsitama rangsitja, anchi jokrurana manama manja niringbo
- Kusiko pari dongjaode, kusikchi bisiko ope galbo aro kuchiko minoknabe. Jamano kusripe galbo.
- Sua mangipa mandeko taraken hospitalona ra'angbo aro ra'angmiting somoio nengtakna on'bo.
- Kennabe

Dakna nanggijanirang

Sua mangipa bakko ilengjachina aganbo

Greng beanirang aro ja'a ba jak rongretanirang

Greng beanirang (Noksa dakmesokanirang)

1.Sagipa bakko jitnabe

2.Pad rongtalachi sikjetbo

3.Greng ritichugipa bakrango soopgipa cushionko donbo,sagijagipa bakko katotengbo

4.Jakskilko se'ete nibo.Bokdelgape nikode bandageko engemung kataibo

Mandeni bikrokko maiba bilchi saknaaton ukon grengbesreani ba fracture ine agana. Grengbesreani chinrangara:

- Saa mangipa biapo ba uni sambao ilengode sabatgen
- Ilengna manjanaba donga
- Ripomnaba ba anchi kamnaba donga
- Begipa baked apsan melijawaha
- Kenjagoknaba donga

Saknaa mangipa mandena kamao mesokgipa sanchenganiko onna mangan

- Kenchakani dongama dongja,balwa rama namama namja,rangsitama rangsitja aro anchi jokrurana manama manja nichengbo
- Beako tarichengna skangba bilongbee anchi onganiko namatchengbo
- Begipa bakko padchi rakate donbo
- Begipa bakrangko ilengatnabe
- Greng nakatgiparangko sikatpilnabe
- Hospitalchi ra'angna skang name padko onchengbo
- Begipa bakko chi tinkaako tapemung ripomako aro saknaako komiatna mangan
- Kenjagokjana gita sanbo

Bisi on'ani

Bisi onnani iara je bostuan jeko mande chaman ringmanode saknaani,saani ba sianiko rabana mana.Bisikoara chaman ringmanachi mandeni be'eno na napatna mana.Rangsitmananichi mandeni kasoprangona bisi sokangna mana jekai industryoni onkgatgipa bibarang,wa'alni walkurang,chemicalni bibarang,petrol aro enginoni onkgatgipa walkurang. Bisirang bigil gitaba napna mana jekai jo'ongrangko siatna satgipa bisirangko rimannanichi.

Dakna nanggirang

- A'selo ga'akgipa madena kenchakani dongama dongja,illengama illengja,balwa rama jokama jokja,rangsitama rangsitja aro anchi jokurana Manama manja nichengbo
- Bisini bilko komiatna mana gita dud ba chiko onbo
- Kenjagokaoniko champengbo aro nangchongmotgipa janggi tangani chinrangko nirokbo
- Chisatani bangako aro rongko nibo
- Kusiko gipin cha'anirang dongama dongja nibo aro donga onkode galbo jedakode ua namedake rangsitna mangel.
- Sagipa mandeko mikselipilatna gita tarie donbo aro medicalni dakchakanina sengbo
- Hospitalchi rimangbo

Dakna nanggijanirang

- Chisatatna joton kanabe

Dingana nombokani

Dingana nombokani mamung mikrakatani gri ranggitik ongrongbata.Jensalo be'en natangtang kasinatna manjaha unon taraken dingna abachenga.Ian ranggitik nirokna nangchongmotgipa obostaona sokata.

Masiani chinrangara :Be'en dingpreta aro ran'a.angilrang gitcaka,kramchi ongja,jakmikchi taraka,nonorirang (pupils) chonanga ,nawang daka aro basakobade siboknaba donga.

Dakna nanggirang

- Be'en dingako komiatna gita gana chinako olgrokatbo aro gijip jipe onbo
- Chi tinkaako(ice pack) gitokkolo,pakolo aro japakrango tapbo
- Chiko bange ringchina onbo aro agre kramchi onggiparange bangbate ringbatna nanga
- Dinggipa biaprangni chelao dongbo

ORS (Oral Dehydration Solution)

ORS be'eno chi komiani (dehydration) somoio jakaltobegipa onga.ORS ko chi glass o kari ontisa one (mikchini kari nanga gita apsan dake) aro chini chamos sa one tarina nanga.ORS be'eno chi donggijagipako namatpilna dakchaka.

Na'a antangba be'eno chi chuongjaenga ine nikode tarie ringna mangen.

Achak chika

Iano sanchenganiko onani miksonganide achak chiko pagla ongjana gita aro pari batroroaoniko champengna gita aro taraken medicalni dakchakaniko onna gita dakani ong'a.

- Achak chikgipa kuchiko rongtalgipa bara ba rumalchi ripakbo
- Ripakgimin kuchiko nangatnabeaha
- Chikgipa bakko sabonchi namedake susrangbo
- Chikgipa bakko bara ranachi kagopbo
- Medicalni dakchakaniko rabo ba taraken hospitalchi watatbo.

Annexure-9 Noko donggiparangna nasia ra'ani

Banggrimitingo naljoke dongna mangipa nokrangko rikani

Altuae gital nokrangko Indiani Seismic Zone V o donggiparangni rikna mana gita kupertiani

Janapchengani

Pilaak nok rikanikon jekai IAY,PMRY aro dingtang dingtang state ba centralni schemerangko May jao rikna abachengronga.Ministry of Home Affairs gital rikgipa nokrangko banggirio bejana gita dake rikaniko nangnikenga,uni gimin je nokrangko itachi/blokorangchi rikgenchim uko altue masie ra'na mana gita iano noksa gnang mesokatenga.Ia nokrangara Seismic Zone V –o donggiparangna ong'a aro banggrioba nosto ongjawa.

Banggirio naljokna gita nangchongmotgipa bosturang

Banggirio mamungba ongjana gita dakgipa nokko rikna nanggipa bosturangko bimang dake mesokatenga (Bimang I) Adita nangdapanirangko gipin paragrapho talatokenga

1. Kelki ba doga kosako on'gipa kae mangrakatgipa
2. Nokking/Apao on'gipa kae mangrakatgipa
3. Noksiko rikatna gita songdogipa krong
4. Doga
5. Kelki
6. Apao krong baksa rikatna ongipa kae mangrakatgipa
7. Kelkini kamao on'gipa silchi kae mangrakatgiparang

Bimang I banggirio naljokna gita nokningo onna nangchongmotgiparang

1.Cementko name brinani

Cement bak 1 na an'cheng bak 4 ko brinna nanga (cement chalja 1 ongode ancheng chalja 4)

2.Nokko dule mangrakatna gita silchi kaanirang

Nokko mangrakatna gita dingtang dingtang bakrangko silchi kae mangrakataniko nokningo aro apalo on'na nanga jekai

a..Kelki ba dogani kamao

b.Kelki ba dogani kosako

c.Nokking mitaprango tarigimin rakgipa cementni ba bolni relrangko on'e rikna nanga (nokking cement ongode iarangko ondapna nangjawa)

Ia relni ba beamni dala chonaniara pakmani gipengni kri ongna nanga.Kamao ongipa tableko nibo (Table I) Mangrakatna tarianirangko bimang 2 oniko nibo.Mangrakatna tarigipa silrangara Fe 415 type (TOR/High Yield Strength Deformed i.e HYSD bars)

Table-1 :Badita dala chonako aro steelni ro'aniko mesokatenga

Pakmani ro'a nokningni	Je rokomni noknaba jekai skul,hospital, tombimongani nok ,anganwadi		
	Band ni dal chonani	Ge	Dia(mm)
5m ba komie	10 cm *pakmani apala	2	10
6m	10 cm *pakmani apala	2	12
7m	15cm *pakmani apala	4	10
8m	15 cm * pakmani apala	4	12

3.Ita chi rikgipa pakmarangko rakatna gita krongrangko/rodko songani

Noksik geantion aro doga ogipani sambengo mangrakatna gita rakgipa sil/rod rangko songdona nanga.Je kelkian 60 cm na bate apala uarangoba rakgipa silrangko onna nanga. (Bimang-4) Silni/rodni dalani badita gadang nok riknasienga uano pangchakgen.Table -2 –o badita dala ba chonako nangachim mesokatenga.

Ita baksa onchapgipa silrangko/rodrangko mai dake onna nangachim engineerrang oniko skie rana mangen aro nok rikgipa mistrirangba skie rana nanggen.

Ia siltinrangko nok rikna abachengmitingon songdona nanga aro rel/batamrang baksa mangrakatna gita silwarengchi kachapna nanga aro nokking mitapo kabingrike rakatna gita begomatna nanga.Siltinni ro'a chuongjae gegipinko ondapna nangode siltinni apalana chang 50 bate robotate silwarengchi kachapna nanga.

Table-2 Maidakgipa siltinko songdona nanga iano nangnike ongiminko mesokatenga

Pilak rokomni nokrangnan jekai Dongchakgipa nok,skulrang,hospitalrang, Tomchakram biap,anganwadi etc		
Badita ge gadang	Apa(floor)	Noksik geantio onna nanggipa siltinni diameter HYS(DTOR)

ONE		12
TWO	Kosak Kama	12 16
THREE	Kosak Jangchi Kama	12 16 16

Nok gadang 4 kode Zone V –o rikna onja

a & b :- Itako wengwate gatani

1: Ita gesani ro'a

½ : ita adha ni ro'a

¼ : Ita bak 4 ni bak 1

¾ :Ita bak 3 ni bak 1

3: Mangrakatna gita siltinko bringimin cement baksa gapate songdoani

Bimang-3 siltinko ita baksa nok rikanio songdoaniko talate mesokani

Table-3 Itachi rikgipa pakmarangko siltinko noksiko songdoemung mangrakatna tarigimin jointrang

Jointni rokom	Itachi rikgipa noksiko mangrakatna tariani	Cementni blockchi rikgipa noksikko mangrakatna tariani	Kopgranggipa cement Blockchi rikgipa noksiko mangrakatna tariani
L-joint			
T-Joint			

4.Dagacholo rakatna gita chasongdoani.

Kamao noksao mesoka gita kelki aro dogarangni apala 600 mm na batode mangrakatna gita mane chasongdona nanga. Bimang -4

- a) dogani bak
- b) Kelkini bak
- c) Bak2-2

Bimang-4 Dagachol /kelkiko wilwile siltinrangko songdona gita trie mesokani

5.Pangchakani (Foundation)

Pangchakani badita apala 'B' ko nanggenchim jrimako rachakna mangen uani kri tarina nanga. Nok rikani apalaniko T ni $\frac{1}{2}$ komiate 150 mm chua changantion tarina nanga

Note:

Anchengarigipa biap jeon 8m mang tu'ao chini table donga aro jeon banggiriani somoio jeni bilan MSK VIII-IX chi rara dakatako mangen, indakgiparango nok rikna abachengna skang Engineer rango jekai Structural, Geo-technical engineer singsandie rachengna nanga.

Bimang-5 Ita/Cement blokchi kamao silko one rakatna pangchakaniko tariani

Annexure-10 Nangchongmotgipa Telephone/Mobile Number rang/Address

Sl. No.	Officer ni biming /Office & Address	Contact Numbers			
		Office Tel	Fax	Nokni	Mobile

Chapter-9-Maprang

Maprang

1. Social Map
2. Kenchakna nanggiparangni Map
3. Kenchakna nanggiparangni aro saknaako mana altugiparangniMap
4. Jokatani cholrangko mesokgipa Map/ Naljokgipa ba Cholgipin ramako mesokgipa
Map

